

The Trek Contract

What We Provide

- 🚲 2009 Bike Trek and T-shirt
- 🚲 8 gourmet catered meals, including 1 continental breakfast, 2 hot breakfasts, 2 “on-road” lunches, 2 dinners, and a BBQ picnic finale.
- 🚲 Two nights camping facilities with showers at Napa County Fairgrounds in Calistoga.
- 🚲 On-road SAG, medical, and communication support.
- 🚲 A massage team on site daily (by appointment/fee required).
- 🚲 Free afternoon snacks
- 🚲 A Trek Trading Post store with exclusive Trek memorabilia to purchase.
- 🚲 Themed rest stops every 10-15 miles fully stocked with refreshments and fun.
- 🚲 Great incentives for your fundraising efforts.
- 🚲 Afternoon and evening entertainment.
- 🚲 A well-marked route & route map.
- 🚲 Caring volunteers and professional staff to help you from start to finish
- 🚲 A way for you to contribute to clean air, healthy lungs and the elimination of lung disease.

Trekker Responsibilities

- 🚲 Register and pay the required registration fee of \$35 (or \$25 for Early Birds, prior to May 31, 2009).
- 🚲 Raise or pay the \$450 minimum donation. The minimum donation must be pre-collected and turned in to Breathe California by **8/28/2009**.

- 🚲 Demonstrate safe riding and obey all traffic laws and regulations of the areas through which the Trek passes.
- 🚲 Wear a helmet anytime you are on a bicycle.
- 🚲 Prepare for the Trek by having proper equipment, a bicycle in safe condition, and being physically prepared for the Trek. ***Note: you should have your bicycle inspected at a bicycle shop prior to the Trek.***
- 🚲 Sign the Trek waiver when you check in on September 11, 2009 at the Napa County Fairgrounds in Calistoga.
- 🚲 Recognize the authority of Trek leaders and route monitors to make decisions on critical issues.
- 🚲 Provide your own transportation to and from the Fairgrounds, or carpool with another Trekker.
- 🚲 PLEASE notify Breathe California as soon as possible if something comes up that will prevent you from going on the Trek. The sooner we know, the better we can plan for our numbers. Please note that registration fees and donations are non-refundable.
- 🚲 Respect the 10:00 pm quiet time in camp for the sake of your fellow riders.