

The Open Air Health Fair



sponsored by
The HEALTH Trust



Health, Fitness, Beauty, and More!

Live Well, Feel Better and Live Longer

- FREE or Low Cost Testing**
- Cholesterol Testing
 - Blood Pressure Screening
 - Blood Sugar—Diabetes Screening
 - Lung Screening
 - Body Composition Analysis
 - Free Spinal Screening
 - Stroke Risk Assessment
 - Massage Therapy
 - Low cost health insurance
- Educational Info and Demos**
- Nutrition
 - Health & Fitness
 - Lupus
 - Alcohol Awareness & Smoking Cessation
 - Laser Eye Care
 - Prostate Cancer
 - Heart Disease—Heart Health
 - Beauty Consultants from Mary Kay
 - Breast Cancer Information

Blood Centers of the Pacific
Onsite Blood Donation Drive • Sunday, October 21
Your donation could save a life!

FREE Wellness Checks • Both Days, Saturday & Sunday!
Courtesy of the Healthtrust & The Diabetes Society... Have your cholesterol and blood pressure checked, and obtain important information re: Healthy Lifestyles, Low cost family health insurance, proper family dental care and so much more!

Bi-National Health Week Services • Sunday, October 21
Access to additional onsite health services, screenings, immunizations, health insurance referrals, and health education materials as part of the Bi-National Health Week Series.



Public Health Department
Santa Clara Valley Health & Hospital System

DIABETES SOCIETY
Education you need. Support you deserve.



San José State UNIVERSITY

October 20 & 21
Noon to 5pm

THE FLEA MARKET
Since 1960 ~ The World's Largest
Berryessa Road



Limited Exhibitor Space is available, call Rich Alvari at (408) 501-4224.

FREE ADMISSION • PARKING \$6 • 1590 Berryessa Road • San Jose
For more information call 453-1110 or check out our web site: www.sjfm.com. Events are subject to change